



Kite Ridge School

Unconditional Practice

Below are the key themes within UPR which match practice at Kite Ridge;

1. Acceptance of the person for who they are
2. Creating a co-regulated therapeutic relationship
3. Isolating the behaviour from the person
4. The setting aside of one's own personal opinions and biases
5. The altering of the student's own self-concept and altering their self-directed behaviour

Our mission statement highlights the unconditional nature of our school;

“Kite Ridge School: Educates, values, supports and accepts each student unconditionally in accordance to the individual needs providing a holistic, happy and safe environment that is committed to the success of everyone.”

To summarise, therapeutic unconditional practice at Kite Ridge can, at times, appear a little nebulous and hard to define. It is based on sound psychological principals which have proved to be effective in bringing about change to our students' negative, destructive behaviours.

UPR practice at Kite Ridge therefore can be defined as accepting and valuing the student as the person they are, while expecting and facilitating change by developing and maintaining a co-regulated therapeutic relationship. Throughout this process, setting aside one's own bias and emotional response to enable the behaviour to be separated from the person to empower the person to alter their own self-concept.

Practice at Kite Ridge is always developing and changing to meet the presenting needs of our diverse population of students. I hope that this explanation further helps to define how we translate our school values into our holistic student centred practice.

Steven Sneesby
Headteacher